

# Clay City High School

## MARCH LUNCH 2025

Feb 18, 2025

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 3 TURKEY BURGER / BUN FISH SANDWICH FRENCH FRIES BAKED BEANS COLE SLAW APPLESAUCE RICE KRISPIES TREATS JUICE VARIETY MILK	Mar - 4 SPAGHETTI WITH MEAT SAUCE CHICKEN ALFREDO GARLIC TOAST WG PEAS CARROTS & DIP PEACHES JUICE VARIETY MILK	Mar - 5 NACHOS SUPREME REFRIED BEANS LETTUCE & TOMATO CORN PINEAPPLE JUICE VARIETY MILK	Mar - 6 BIS. AND GRAVY HASHBROWNS RED PEPPER STRIPS EGG OMELET ORANGES JUICE VARIETY MILK	Mar - 7 CHICKEN SANDWICH CRISSCUT FRIES LETTUCE & TOMATO FRESH VEGGIES APPLE SLICES JUICE VARIETY MILK
Mar - 10 PHILLY CHEESE SUB BBQ RIB/BUN FRENCH FRIES BAKED BEANS CARROTS & DIP PEACHES JUICE VARIETY MILK	Mar - 11 ROTINI W/ MEAT SAUCE BOSCO STICK WG GREEN BEANS COTTAGE CHEESE CELERY/PEANUT BUTTER APPLESAUCE JUICE VARIETY MILK	Mar - 12 CHICKEN QUESADILLA CHEESE QUESADILLA BLACK BEANS SALAD W RANCH CHIPS AND SALSA GRAPES JUICE VARIETY MILK	Mar - 13 COUNTRY FRIED CHICKEN ROLL MASHED POTATOES GREEN BEANS STRAWBERRIES JUICE VARIETY MILK	Mar - 14 PORK FRITTER TATER TOTS COLE SLAW CELERY STICKS PINEAPPLE JUICE VARIETY MILK
Mar - 17 SPRING BREAK	Mar - 18 SPRING BREAK	Mar - 19 SPRING BREAK	Mar - 20 SPRING BREAK	Mar - 21 SPRING BREAK
Mar - 24 GENERAL TSO CHICKEN/RICE CUCUMBER SLICES & DIP CALIFORNIA BLEND MANDARIN ORANGES FORTUNE COOKIE JUICE VARIETY MILK	Mar - 25 CHEESY CHICKEN TETRAZZINI BREADSTICK WG CAULIF/BROCC CELERY/PEANUT BUTTER PEACHES JUICE VARIETY MILK	Mar - 26 TACO SALAD REFRIED BEANS CORN PINEAPPLE JUICE VARIETY MILK	Mar - 27 CHICKEN NUGGETS ROLL BAKED POTATO BROCCOLI&CHEESE APPLESAUCE JUICE VARIETY MILK	Mar - 28 CHEESEBURGER FRENCH FRIES BAKED BEANS PEARS JUICE VARIETY MILK
Mar - 31 BBQ PORK MAC AND CHEESE COLE SLAW BAKED BEANS CARROTS & DIP PEACHES JUICE VARIETY MILK				

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	829	750-850	100%	Sugars	46.81 g	22.60%	
Cholesterol	73 mg			Protein	37.18 g	17.95%	
Sodium	1189 mg	1420		Carbohyd	108.24 g	52.25%	
Fiber	9.40 g			Tot. Fat	27.43 g	29.79%	<=30.0%
Iron	4.56 mg			Sat. Fat	9.04 g	9.81%	<10.00%
Calcium	537.41 mg						
Vitamin A	3166 IU						
Vitamin C	50.17 mg						

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.